

The Colorado Business Group on Health would again like to thank you for participating in the National Institute of Mental Health Study of Depression Management in the Workplace study.

DID YOU KNOW?

40% of depressed individuals who start antidepressant medications stop taking them before they realize any clinical benefit

WANT TO SEE ANOTHER LIGHT SIDE OF DEPRESSION AT THE WORKPLACE?

Try <http://www.caremanagementfordepression.org//employer/righttool.html>

READY TO THINK ABOUT ASKING YOUR PLAN TO IMPROVE DEPRESSION TREATMENT?

Free Technical Assistance from Donna Marshall at 303-922-0939 or Donna.Marshall@cbghealth.org.

- Strategies to convince decision-makers to begin an initiative
- Specific ways that your company can ask health plans to improve
- Your plan's HEDIS (Healthcare Effectiveness Data and Information Set) depression scores
- Sample contract language
- Sample plan performance standards

Thank you once again for participating in this important study,

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<<http://www.coloradohealthonline.org/>> www.coloradoHEALTHonline.org