

The Colorado Business Group on Health would again like to thank you for participating in the National Institute of Mental Health Study of Depression Management in the Workplace study.

DID YOU KNOW?

Depression is just more than a bad day. Symptoms must last two weeks or more including change in sleep, change in eating, self-doubt, concentration problems, or fatigue.

WANT TO SEE THE LIGHTER SIDE OF DEPRESSION AT THE WORKPLACE?

Try <http://www.caremanagementfordepression.org/employer/bullhorn.html>

READY TO THINK ABOUT RETURN ON INVESTMENT?

Free Technical Assistance from Donna Marshall at 303-922-0939 or Donna.Marshall@cbghealth.org.

- Strategies to convince decision-makers to purchase a depression program
- Referrals to employers who have purchased a depression program
- List of vendors providing DMW Care
- Sample contract language
- Sample performance standards

Thank you once again for participating in this important study,

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<<http://www.coloradohealthonline.org/>> www.coloradoHEALTHonline.org