

Rules of Antidepressants

- Antidepressants don't work suddenly. Benefit comes on slowly, may take a few weeks.
- Antidepressants only work if you take them everyday.
- Antidepressants are not addictive.
- Side effects are usually mild and get better with time.
- After you feel better, you must continue to take them for at least four months to reduce the risk of depression returning.
- Call physician before discontinuing use.